

Mohegan Avenue
New London, CT 06320

From New York and the South: From I-95 North take exit 83. Make a left at the light at the end of the exit. Go to the next light, and turn right past the entrance to the Coast Guard Academy onto Route 32 North. Turn right at the third stop light, you will see a sign for the athletic complex.

From Hartford: Take Route 2 East to the end onto Route 395 South (Exit 28S) - Travel approximately eight miles to exit 78 (left exit) and get onto Route 32 South. Continue on Route 32 South, under the pedestrian bridge and make a left at the light into the athletic complex.

From Rhode Island and the North: From I-95 South take exit 84 N. This will bring you onto Route 32 North. At the third stop light, turn right. You will see a sign for the athletic complex.