



# CAMEL SWIM CLUB

CREATING AN ENVIRONMENT THAT MOLDS  
INDIVIDUALS INTO CHAMPIONS  
IN BOTH COMPETITION AND IN LIFE  
BY FOCUSING ON THE GROWTH OF THE WHOLE SWIMMER  
AND EMPOWERING EACH ATHLETE WITH  
SELF-DISCIPLINE AND SELF-ESTEEM

## CAMEL Annual Lapathon Fun-raising Fundraiser

**Tuesday, November 27**  
**6:30 – 8:10 PM (during practice)**

### Schedule:

**6:30 – 6:40 PM**      **Team meeting**  
**6:40 – 7:40 PM**      **Lapathon (swimmers may stop before the hour is done)**  
**7:40 – 8:10 PM**      **Sandwich Social**

This is one of CAMEL's key events for the year. All Pre-team, Masters and USA swimmers are strongly encouraged to participate. Pledge sheets are available at the pool and on the "Documents" page at [www.camelswim.org](http://www.camelswim.org)

Please contact Coach Beth at [bslawton@sbcglobal.net](mailto:bslawton@sbcglobal.net); [blawton@abhct.com](mailto:blawton@abhct.com)  
If you would like to assist in any way:

- Help count laps during the Lapathon portion of the evening
- Hand out orange slices and water during the Lapathon portion of the evening
- Help set up the spectator area for the Sandwich Social during the Lapathon
- Donate prizes for the Lapathon raffle
- Donate sandwiches, snacks, paper goods or beverages for the Social
- Donate bottled water, paper cups or orange slices for the Lapathon
- Help clean-up after the Sandwich Social