



# CAMEL SWIM CLUB

**CREATING AN ENVIRONMENT THAT MOLDS  
 INDIVIDUALS INTO CHAMPIONS  
 IN BOTH COMPETITION AND IN LIFE  
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## Improvement Charts for CAMELS continuously registered 12/23/05 – 2/11/07 (13 ½ months)

Blake, Rhianna	time on 12/23/05	current time	improvement
50 Free	28.42	27.85	.57
100 Free	1:03.72	1:00.74	2.98
200 Free	2:25.23	2:16.01	9.22
500 Free	6:37.69	6:04.09	33.60
1000 Free	14:08.08	12:47.33	1:20.76
1650 Free	23:24.11	21:07.95	2:16.16
100 Back	1:10.38	1:08.52	1.86
200 Back	2:32.72	2:26.97	5.75
100 Breast	1:37.18	1:25.13	12.05
200 Breast	----	3:09.13	new event – improved 9.86 from initial time of 3:18.99
100 Fly	1:17.00	1:11.06	5.94
200 Fly	2:56.01	2:45.52	10.49
200 IM	2:44.70	2:32.70	12.00
400 IM	----	5:37.18	new event – improved 14.81 from initial time of 5:51.99

Blake, Weston	time on 12/23/05	current time	improvement
50 Free	36.26	34.27	1.99
100 Free	1:22.32	1:19.55	2.77
200 Free	----	3:16.44	new event – initial time
500 Free	----	9:46.65	new event – initial time
1000 Free	----	----	----
1650 Free	----	32:35.99	new event – initial time
50 Back	43.96	40.40	3.56
100 Back	1:33.66	1:28.31	5.35
200 Back	----	3:05.46	new event – improved 43.91 from initial time of 3:49.37
50 Breast	1:12.04	45.10	26.94
100 Breast	2:01.76	1:43.76	18.00
200 Breast	----	3:40.51	new event – improved 50.02 from initial time of 4:30.53
50 Fly	----	----	----
100 Fly	----	----	----
200 Fly	----	4:29.19	new event – initial time
100 IM	1:39.91	1:30.24	9.67
200 IM	----	4:06.47	new event – initial time
400 IM	----	----	----

Brown, Meghan	time on 12/23/05	current time	improvement
50 Free	30.38	29.29	1.09
100 Free	1:05.79	1:03.89	1.90
200 Free	2:20.72	2:16.96	3.76
500 Free	6:16.70	6:14.73	1.98
1000 Free	13:05.37	12:41.53	23.84
1650 Free	21:46.78	21:46.78	0.00
100 Back	1:13.23	1:13.23	0.00
200 Back	----	2:39.07	new event – improved 13.80 from initial time of 2:52.87
100 Breast	1:46.80	1:25.72	21.08
200 Breast	----	3:08.09	new event – improved 13.90 from initial time of 3:21.99
100 Fly	1:18.59	1:14.60	3.99
200 Fly	2:56.09	2:51.75	4.34
200 IM	3:05.62	2:37.31	28.31
400 IM	----	5:36.52	new event – improved 36.47 from initial time of 6:11.99



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Buckridge, Emma	time on 12/23/05	current time	improvement
50 Free	44.17	35.11	9.06
100 Free	1:41.64	1:23.29	17.35
200 Free	----	2:57.60	new event – improved 37.54 from initial time of 3:35.14
500 Free	----	7:55.44	new event – improved 2:14.10 from initial time of 10:10.99
1000 Free	----	----	----
1650 Free	----	----	----
50 Back	53.27`	44.75	8.52
100 Back	----	1:35.78	new event – improved 20.45 from initial time of 1:56.23
200 Back	----	4:35.75	new event – initial time
50 Breast	1:09.16	50.34	18.82
100 Breast	----	1:54.35	new event – improved 11.64 from initial time of 2:05.99
200 Breast	----	5:11.12	new event – initial time
50 Fly	----	41.96	new event – improved 14.34 from initial time of 56:30
100 Fly	----	1:46.04	new event – improved 7.95 from initial time of 1:53.99
200 Fly	----	4:52.99	new event – initial time
100 IM	----	1:33.81	new event – improved 18.91 from initial time of 1:52.70
200 IM	----	3:23.73	new event – improved 1:23.02 from initial time of 4:46.75

Charron, Jessica	time on 12/23/05	current time	improvement
50 Free	36.17	31.70	4.47
100 Free	1:20.65	1:17.87	2.78
200 Free	----	2:36.26	new event – improved 9.51 from initial time of 2:45.77
500 Free	----	7:15.94	new event – improved 1:31.05 from initial time of 8:46.99
1000 Free	----	----	----
1650 Free	----	30:04.99	new event – improved 9.42 from initial time of 30:14.41
50 Back	45.25	40.00	5.25
100 Back	1:32.73	1:24.67	8.06
200 Back	----	3:50.99	new event – initial time
50 Breast	49.78	46.69	3.09
100 Breast	1:48.06	1:41.74	6.32
200 Breast	----	3:48.38	new event – improved 31.61 from initial time of 4:19.99
50 Fly	45.42	39.67	5.75
100 Fly	----	1:34.63	new event – improved 5.36 from initial time of 1:39.99
200 Fly	----	4:04.99	new event – improved 1:06.15 from initial time of 5:11.84
100 IM	1:33.42	1:25.25	8.17
200 IM	----	3:11.60	new event – improved 42.39 from initial time of 3:53.99
400 IM	----	----	----

Gardner, Jesse	time on 12/23/05	current time	improvement
50 Free	44.64	34.63	10.01
100 Free	1:42.76	1:17.48	25.28
200 Free	----	2:47.44	new event – improved 26.55 from initial time of 3:13.99
500 Free	----	7:44.91	new event – improved 2:02.81 from initial time of 9:47.72
1000 Free	----	----	----
1650 Free	----	32:14.99	new event – initial time
50 Back	49.97	43.22	6.75
100 Back	----	1:31.84	new event – improved 23.05 from initial time of 1:54.89
200 Back	----	3:14.11	new event – improved 59.58 from initial time of 4:13.69
50 Breast	58.46	53.47	4.99
100 Breast	2:13.46	1:49.38	24.08
200 Breast	----	4:20.44	new event – initial time
50 Fly	----	37.77	new event – improved 14.80 from initial time of 52.27
100 Fly	----	1:23.30	new event – improved 33.64 from initial time of 1:56.94
200 Fly	----	4:02.72	new event – initial time
100 IM	----	1:33.52	new event – improved 12.46 from initial time of 1:45.98
200 IM	----	3:10.90	new event – improved 49.39 from initial time of 4:00.29
400 IM	----	----	----



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Giblin, Sarah	time on 12/23/05	current time	improvement
50 Free	37.90	36.54	1.36
100 Free	1:24.43	1:21.42	3.01
200 Free	----	3:02.96	new event – improved 3.65 from initial time of 3:06.61
500 Free	8:14.32	8:14.32	---- has not swum event since 12/23/06
1000 Free	----	----	----
1650 Free	----	33:00.99	new event – initial time
50 Back	46.86	43.73	3.13
100 Back	1:39.65	1:37.94	1.71
200 Back	----	3:17.34	new event – initial time
50 Breast	58.36	53.18	5.18
100 Breast	2:11.27	1:58.78	12.49
200 Breast	----	----	----
50 Fly	49.72	46.92	2.80
100 Fly	----	1:48.72	new event – improved 35.19 from initial time of 2:23.91
200 Fly	----	----	----
100 IM	1:42.58	1:42.12	.46
200 IM	----	3:31.42	new event – improved 36.42 from initial time of 4:07.84

Gionet, Leah	time on 12/23/05	current time	improvement
50 Free	35.35	33.33	2.02
100 Free	1:25.17	1:15.76	9.41
200 Free	3:05.34	2:44.58	20.76
500 Free	8:02.92	8:02.92	----
1000 Free	----	----	----
1650 Free	----	30:27.99	new event – initial time
50 Back	40.99	40.31	.68
100 Back	1:35.99	1:24.72	11.27
200 Back	----	2:56.72	new event - improved 37.27 from initial time of 3:33.99
50 Breast	46.20	43.72	2.48
100 Breast	1:45.50	1:34.76	10.74
200 Breast	----	3:23.27	new event – improved 26.72 from initial time of 3:49.99
50 Fly	47.28	39.39	7.89
100 Fly	----	1:35.62	new event – improved 36.25 from initial time of 2:11.87
200 Fly	----	4:03.99	new event – initial time
100 IM	1:35.34	1:26.10	9.24
200 IM	----	3:13.02	new event – improved 27.97 from initial time of 3:40.99
400 IM	----	----	----

Hughes, Brian	time on 12/23/05	current time	improvement
50 Free	29.68	27.88	1.80
100 Free	1:05.20	59.56	5.64
200 Free	2:16.66	2:07.63	9.03
500 Free	5:59.21	5:36.18	23.03
1000 Free	12:26.08	11:23.85	1:02.23
1650 Free	20:35.61	18:54.30	1:41.31
100 Back	1:12.30	1:07.44	4.86
200 Back	2:33.62	2:21.42	12.20
100 Breast	1:35.61	1:16.38	19.23
200 Breast	3:42.44	2:42.99	59.45
100 Fly	1:15.51	1:08.18	7.33
200 Fly	2:44.53	2:22.71	21.82
200 IM	2:37.25	2:25.40	11.85
400 IM	5:58.52	4:57.50	1:01.02



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James, Lillian	time on 12/23/05	current time	improvement
50 Free	49.19	40.43	8.76
100 Free	1:48.46	1:29.72	18.74
200 Free	----	3:12.16	new event – improved 24.77 from initial time of 3:36.93
500 Free	----	10:25.44	new event – initial time
1000 Free	----	----	----
1650 Free	----	43:15.99	new event – initial time
50 Back	55.48	46.25	9.23
100 Back	----	1:39.80	new event – improved 7.39 from initial time of 1:47.19
200 Back	----	4:06.50	new event – initial time
50 Breast	1:03.50	51.18	12.32
100 Breast	----	1:55.75	new event – initial time
200 Breast	----	4:40.72	new event – initial time
50 Fly	----	48.99	new event – improved 21.06 from initial time of 1:10.07
100 Fly	----	----	----
200 Fly	----	5:06.87	new event – initial time
100 IM	2:04.92	1:42.28	22.64
200 IM	----	3:44.46	new event – improved 43.04 from initial time of 4:27.50
400 IM	----	----	----

Kokomoor, Jackie	time on 12/23/05	current time	improvement
50 Free	41.41	35.70	5.71
100 Free	1:35.25	1:27.94	7.31
200 Free	----	3:17.69	new event – initial time
500 Free	----	9:11.99	new event – improved 1:15.41 from initial time of 10:27.40
1000 Free	----	----	----
1650 Free	----	----	----
50 Back	48.79	42.45	6.34
100 Back	----	1:36.16	new event – improved 4.83 from initial time of 1:40.99
200 Back	----	4:34.84	new event – initial time
50 Breast	1:02.34	51.36	10.98
100 Breast	----	1:49.77	new event – improved 22.45 from initial time of 2:12.26
200 Breast	----	5:08.50	new event – initial time
50 Fly	53.95	40.82	13.13
100 Fly	----	2:01.99	new event – initial time
200 Fly	----	4:55.12	new event – initial time
100 IM	1:46.54	1:33.80	12.74
200 IM	----	3:36.76	new event – improved 1:20.18 from initial time of 4:56.84
400 IM	----	----	----



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Kokomoor, Sammy		time on 12/23/05	current time	improvement	
25	Free		24.17	18.84	5.33
50	Free		57.52	40.83	16.79
100	Free		----	1:33.10	new event – improved 4.68 from initial time of 1:37.78
200	Free		----	----	----
500	Free		----	----	----
1000	Free		----	----	----
1650	Free		----	----	----
25	Back		----	22.89	new event – improved 11.71 from initial time of 34.60 DQ
50	Back		----	51.46	new event – improved 42.66 from initial time of 1:34.12 DQ
100	Back		----	----	----
200	Back		----	----	----
25	Breast		----	32.07	new event – improved 1.15 from initial time of 33.22
50	Breast		----	1:12.02	new event
100	Breast		----	DQ	new event – initial time
200	Breast		----	----	----
25	Fly		----	24.73	new event – improved from initial time of DQ
50	Fly		----	58.42	new event – improved form initial time of DQ
100	Fly		----	----	----
200	Fly		----	----	----
100	IM		----	----	----
200	IM		----	----	----
400	IM		----	----	----

Koshoffer, Caitlin		time on 12/23/05	current time	improvement	
50	Free		32.06	29.91	2.15
100	Free		1:12.94	1:06.33	6.61
200	Free		----	2:22.68	new event – improved 8.90 from initial time of 2:31.58
500	Free		----	6:34.36	new event – improved 47.63 from initial time of 7:21.99
1000	Free		----	----	----
1650	Free		----	26:13.87	new event – improved 57.44 rom initial time of 27:11.31
100	Back		1:22.05	1:16.83	5.22
200	Back		----	2:42.39	new event – improved 17.30 from initial time of 2:59.69
100	Breast		----	1:32.26	new event – improved 4.82 from initial time of 1:37.08
200	Breast		----	3:16.57	new event – improved 21.42 from initial time of 3:37.99
100	Fly		----	1:26.90	new event – improved 14.78 from initial time of 1:41.68
200	Fly		----	3:21.85	new event – improved 45.14 from initial time of 4:06.99
200	IM		----	2:47.93	new event – improved 32.06 from initial time of 3:19.99
400	IM		----	6:05.38	new event – improved 34.61 from initial time of 6:39.99

Kriet, Rachel		time on 12/23/05	current time	improvement	
50	Free		29.67	28.82	.85
100	Free		1:04.23	1:02.57	1.66
200	Free		2:23.02	2:14.70	8.32
500	Free		6:28.37	6:19.04	9.33
1000	Free		----	12:35.05	new event – initial time
1650	Free		----	22:09.94	new event – improved 1:50.17 from initial time of 24:00.10
100	Back		1:19.78	1:19.26	.52
200	Back		----	2:45.85	new event – improved 27.01 from initial time of 3:12.86
100	Breast		1:26.58	1:22.46	4.08
200	Breast		3:01.88	3:01.17	.71
100	Fly		1:32.49	1:16.85	15.64
200	Fly		----	2:54.61	new event – improved 46.38 from initial time of 3:40.99
200	IM		----	2:37.68	new event – improved 18.31 from initial time of 2:55.99
400	IM		----	5:32.18	new event – improved 47.82 from initial time of 6:19.00



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<b>Martinod, Kylie</b>	<b>time on 12/23/05</b>	<b>current time</b>	<b>improvement</b>
50 Free	32.57	31.87	.70
100 Free	1:12.42	1:07.74	4.68
200 Free	2:39.97	2:32.11	7.86
500 Free	7:07.50	6:50.95	16.55
1000 Free	----	----	----
1650 Free	----	24:08.99	new event – improved 1:14.13 from initial time of 25:22.86
100 Back	1:27.40	1:21.23	6.17
200 Back	----	2:59.29	new event – initial time
100 Breast	1:26.37	1:17.80	8.57
200 Breast	3:03.49	2:54.26	9.75
100 Fly	----	1:26.09	new event – initial time
200 Fly	----	----	----
200 IM	----	2:39.43	new event – improved 12.87 from initial time of 2:52.30
400 IM	----	6:00.50	new event – initial time

  

<b>Moriarty, Grace</b>	<b>time on 12/23/05</b>	<b>current time</b>	<b>improvement</b>
50 Free	38.44	33.64	4.80
100 Free	1:27.24	1:15.27	11.97
200 Free	----	2:57.90	new event – improved 16.09 from initial time of 3:13.99
500 Free	8:39.10	7:51.25	47.85
1000 Free	----	----	----
1650 Free	----	40:00.99	new event – initial time
50 Back	47.37	39.94	7.43
100 Back	----	1:27.60	new event – improved 27.29 from initial time of 1:54.89 DQ
200 Back	----	3:51.72	new event – initial time
50 Breast	54.80	47.96	6.84
100 Breast	1:57.49	1:47.58	9.91
200 Breast	----	3:57.12	new event – improved 37.16 from initial time of 4:34.28
50 Fly	43.26	38.81	4.45
100 Fly	----	1:35.72	new event – improved 20.49 from initial time of 1:56.21
200 Fly	----	4:03.38	new event – initial time
100 IM	1:37.63	1:29.21	8.42
200 IM	----	3:16.67	new event – improved 40.08 from initial time of 3:56.75
400 IM	----	----	----

  

<b>Nelson, Eva</b>	<b>time on 12/23/05</b>	<b>current time</b>	<b>improvement</b>
50 Free	28.52	28.52	.00
100 Free	1:01.48	1:00.54	.94
200 Free	2:12.25	2:11.30	.95
500 Free	6:15.74	6:02.93	12.81
1000 Free	----	12:07.81	new event – initial time
1650 Free	----	22:00.64	new event – initial time
100 Back	1:09.51	1:09.51	.00
200 Back	2:30.71	2:25.94	4.77
100 Breast	1:24.80	1:24.80	.00
200 Breast	----	3:03.30	new event – initial time
100 Fly	1:13.91	1:08.47	5.44
200 Fly	----	2:27.57	new event – initial time
200 IM	2:30.79	2:29.43	1.36
400 IM	----	5:15.34	new event – initial time



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Novotny, Stephanie		time on 12/23/05	current time	improvement
50	Free	27.67	26.95	.72
100	Free	56.71	56.71	.00
200	Free	2:05.03	2:03.30	1.73
500	Free	5:40.00	5:27.34	12.66
1000	Free	----	11:26.18	new event – improved 41.63 from initial time of 12:07.81
1650	Free	----	19:21.69	new event – improved 1:12.72 from initial time of 20:34.41
100	Back	1:13.68	1:09.54	4.14
200	Back	----	2:27.14	new event – initial time
100	Breast	1:11.24	1:09.94	1.30
200	Breast	2:45.46	2:39.71	5.75
100	Fly	1:11.24	1:06.38	4.86
200	Fly	----	2:24.94	new event – initial time
200	IM	2:28.64	2:13.44	15.20
400	IM	----	4:56.65	new event – improved 25.01 from initial time of 5:21.66

Pelletier, Hanna		time on 12/23/05	current time	improvement
50	Free	40.65	35.70	4.95
100	Free	1:34.33	1:21.16	13.17
500	Free	8:10.72	7:38.26	32.46
1000	Free	----	----	----
1650	Free	----	33:36.99	new event – initial time
50	Back	49.45	42.59	6.86
100	Back	1:40.59	1:32.46	8.13
200	Back	----	3:12.76	new event – improved 44.21 from initial time of 3:56.97
50	Breast	54.05	49.53	4.52
100	Breast	----	1:42.25	new event – improved 21.00 from initial time of 2:03.25
200	Breast	----	3:43.80	new event – improved 37.39 from initial time of 4:21.19
50	Fly	1:00.61	42.13	18.48
100	Fly	----	1:37.97	new event – improved 6.79 from initial time of 1:44.76
200	Fly	----	4:19.37	new event – initial time
100	IM	1:54.12	1:30.23	23.89
200	IM	----	3:11.89	new event – improved 46.20 from initial time of 3:58.09
400	IM	----	----	----

Romano, Carolyn		time on 12/23/05	current time	improvement
50	Free	42.56	34.98	7.58
100	Free	1:38.93	1:19.04	19.89
200	Free	----	3:00.74	new event – improved 31.48 from initial time of 3:32.22
500	Free	----	9:16.99	new event – improved 2:39.95 from initial time of 11:56.94 DQ
1000	Free	----	----	----
1650	Free	----	49:39.99	new event – initial time
100	Back	----	1:35.57	new event – improved 6.04 from initial time of 1:51.61
200	back	----	3:21.91	new event – improved 44.66 from initial time of 4:06.57
100	Breast	2:03.41	1:45.41	18.00
200	Breast	----	3:46.82	new event – improved 1:02.76 from initial time of 4:49.59
100	Fly	----	2:01.15	new event – improved 42.84 from initial time of 2:43.99
200	Fly	----	5:01.29	new event – initial time
200	IM	----	3:33.28	new event – improved 53.00 from initial time of 4:26.28
400	IM	----	8:09.87	new event – initial time



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Strelevitz, Taylor	time on 12/23/05	current time	improvement
50 Free	35.02	31.06	3.96
100 Free	1:22.41	1:07.89	14.52
200 Free	2:55.25	2:28.17	27.08
500 Free	----	7:58.28	new event – improved 21.71 from initial time of 8:19.99
1000 Free	----	----	----
1650 Free	----	25:31.92	new event – improved 1:10.42 from initial time of 26:52.50
100 Back	1:35.63	1:22.50	13.13
200 Back	----	3:03.93	new event – improved 19.32 from initial time of 3:23.25
100 Breast	1:49.25	1:34.32	13.93
200 Breast	----	3:30.91	new event – improved 19.91 from initial time of 3:50.82
100 Fly	----	1:25.88	new event – improved 14.12 from initial time of 1:40.00
200 Fly	----	3:44.83	new event – initial time
200 IM	----	2:55.23	new event – improved 34.33 from initial time of 3:29.56
400 IM	----	7:03.32	new event – initial time

Taylor, Adelaide	time on 12/23/05	current time	improvement
50 Free	28.45	27.17	1.28
100 Free	1:03.48	57.81	5.67
200 Free	2:18.33	2:09.08	9.25
500 Free	6:20.89	5:50.13	30.76
1000 Free	----	----	----
1650 Free	----	21:36.85	new event – improved 1:31.09 from initial time of 23:07.94
100 Back	1:14.01	1:10.45	3.56
200 Back	2:40.26	2:27.44	12.82
100 Breast	1:16.66	1:08.63	8.03
200 Breast	2:51.74	2:33.05	18.69
100 Fly	1:12.23	1:04.97	7.26
200 Fly	----	2:27.50	new event – improved 4.21 from initial time of 2:31.71
200 IM	2:34.59	2:15.77	18.82
400 IM	----	5:09.53	new event – improved 47.46 from initial time of 5:56.99

Tremblay, Tyler	time on 12/23/05	current time	improvement
50 Free	26.30	24.78	1.52
100 Free	58.90	55.03	3.87
200 Free	----	2:04.38	new event – improved 21.89 from initial time of 2:26.27
500 Free	----	5:41.92	new event – improved 1:32.07 from initial time of 7:13.99
1000 Free	----	12:36.54	new event – initial time
1650 Free	----	21:43.88	new event – improved 2:59.60 from initial time of 24:42.28
100 Back	1:11.01	1:04.54	6.47
200 Back	2:33.12	2:20.33	12.81
100 Breast	1:25.34	1:20.08	5.26
200 Breast	----	3:07.01	new event – improved 11.98 from initial time of 3:18.99
100 Fly	----	1:09.54	new event – improved 6.65 from initial time of 1:16.19
200 Fly	----	2:49.52	new event – improved 41.47 from initial time of 3:30.99
200 IM	----	2:25.06	new event – improved 25.93 from initial time of 2:50.99
400 IM	----	5:37.17	new event – improved 57.49 from initial time of 6:34.66



# CAMEL SWIM CLUB

**CREATING AN ENVIRONMENT THAT MOLDS  
 INDIVIDUALS INTO CHAMPIONS  
 IN BOTH COMPETITION AND IN LIFE  
 BY FOCUSING ON THE GROWTH OF THE WHOLE SWIMMER  
 AND EMPOWERING EACH ATHLETE WITH  
 SELF-DISCIPLINE AND SELF-ESTEEM**

## Tricarico, Dana

50 Free	26.39	25.64	.74	
100 Free	58.32	55.66	2.66	
200 Free	2:07.43	2:05.45	1.98	
500 Free	5:54.56	5:47.94	6.62	
1000 Free	----	12:05.19		new event – initial time
1650 Free	20:25.18	19:57.96	27.22	
100 Back	1:07.96	1:06.18	1.88	
200 Back	2:30.94	2:25.44	5.50	
100 Breast	1:37.30	1:23.58	13.72	
200 Breast	----	3:17.06		new event – initial time
100 Fly	1:07.11	1:07.11	0.00	
200 Fly	----	2:37.74		new event – improved 18.57 from initial time of 2:56.31
200 IM	2:27.84	2:23.69	4.15	
400 IM	----	5:27.78		new event – improved 18.15 from initial time of 5:45.93

## Ward, Catherine

50 Free	45.33	37.77	7.56	
100 Free	1:49.51	1:32.11	17.40	
200 Free	----	3:09.62		new event – improved 38.04 from initial time of 3:47.66
500 Free	----	10:32.44		new event – initial time
1000 Free	----	----	----	----
1650 Free	----	----	----	----
50 Back	50.16	42.05	8.11	
100 Back	----	1:31.41		new event – improved 24.73 from initial time of 1:56.14 DQ
200 Back	----	4:29.27		new event – initial time
50 Breast	59.32	50.88	8.44	
100 Breast	----	1:54.02		new event – improved 30.15 from initial time of 2:24.17 DQ
200 Breast	----	4:21.35		new event – improved 41.28 from initial time of 5:02.63
50 Fly	----	48.37		new event – improved 20.20 from initial time of 1:08.37 DQ
100 Fly	----	----	----	----
200 Fly	----	5:50.32		new event – initial time
100 IM	2:00.48	1:38.40	22.08	
200 IM	----	3:44.51		new event – improved 1:32.50 from initial time of 5:17.01
400 IM	----	----	----	----

## White, Asia

	time on 12/23/05	current time	improvement	
50 Free	33.84	31.29	2.55	
100 Free	1:15.74	1:11.19	4.55	
200 Free	2:42.33	2:29.37	12.96	
500 Free	7:34.49	6:38.04	56.45	
1000 Free	----	----	----	----
1650 Free	----	29:52.99		new event – initial time
50 Back	42.05	36.14	5.91	
100 Back	1:27.57	1:19.80	7.77	
200 Back	----	3:24.69		new event – initial time
50 Breast	53.12	47.82	5.30	
100 Breast	----	1:43.25		new event – improved 12.74 from initial time of 1:55.99
200 Breast	----	4:24.91		new event – initial time
50 Fly	39.71	35.04	4.67	
100 Fly	----	1:20.32		new event – improved 20.67 from initial time of 1:40.99
200 Fly	----	3:04.84		new event – improved 37.62 from initial time of 3:42.46
100 IM	1:31.12	1:23.13	7.99	
200 IM	----	3:01.50		new event – improved 39.59 from initial time of 3:41.09
400 IM	----	6:58.58		new event – initial time