



CAMEL SWIM CLUB

CREATING AN ENVIRONMENT THAT MOLDS
INDIVIDUALS INTO CHAMPIONS
IN BOTH COMPETITION AND IN LIFE
BY FOCUSING ON THE GROWTH OF THE WHOLE SWIMMER
AND EMPOWERING EACH ATHLETE WITH
SELF-DISCIPLINE AND SELF-ESTEEM

To ensure the safety of CAMEL children and to enhance security within the natatorium, CAMEL and Connecticut College have agreed the following policies will be fully enforced effective immediately:

- 1) Swimmers may not arrive more than 5 minutes before their practice is scheduled to start.
- 2) **Every** swimmer, regardless of age, absolutely **must** be walked into the natatorium accompanied by an adult, must remain in the care of an adult or coach at all times, and must exit the natatorium accompanied by an adult.
- 3) Other than as necessary to enter or exit the facility, CAMEL swimmers (and the adults and siblings accompanying them) absolutely may not, for any reason, at any time, be in any area other than the spectator bleachers, the pool or the locker room.
- 4) Upon arrival, each swimmer (preferably with their suits already on under loose clothing) should report **directly** to the spectator bleachers while still accompanied by an adult.
 - No one, child or adult, is allowed, at any time, to go to the left (entering the basketball arena).
 - No one, child or adult, is allowed, at any time, to use the exercise machines in the lobby.
- 5) Swimmers should **sit calmly** in the spectator bleachers **accompanied by an adult** until a coach assumes responsibility for the swimmers.
- 6) It is preferred that siblings are not brought to the natatorium; but, if they are, they absolutely must be **accompanied by an adult at all times** and must **sit calmly** in the spectator bleachers **with** the accompanying adult.
- 7) When a coach takes responsibility for the swimmers, swimmers are to come down to the pool utilizing the stairs in the pool rather than the stairs in the lobby.
- 8) It is strongly preferred that the swimmer will already be in their suit; if not, at this point, they can go to the locker room (through the pool door) and quickly change and rejoin the group.
- 9) If parents choose to stay and view practice, they must remain in the spectator bleachers at all times.
- 10) If any guest children are with a parent, it is strongly preferred that the family leaves the facility during practice. If that is not feasible, the children must remain **quietly seated** in the bleachers **next to the parent** the entire time.
- 11) If a parent or child needs to use the restrooms during their stay at the natatorium, they are to use the pool stairs and utilize the locker room facilities (not the restrooms in the lower lobby).
- 12) Parents that do leave during practice should return **before** the scheduled end of practice.
 - A swimmer will **not** be released until the staff is sure there is an adult waiting to assume responsibility. If an emergency arises and an adult is not present when a group is dismissed, the swimmer will be asked to sit on deck until an adult arrives to assume responsibility. This is not to be viewed as a punishment for the child; it is intended to ensure the child's safety and to follow Connecticut College policy.
- 13) When staff is assured a parent is present, the child will be released to the spectator area or to the locker room. Parents of young children are encouraged to accompany their child to the locker room (utilizing the pool stairs and the locker entrance on deck). Older swimmers may go into the locker room alone, but should enter and exit through the locker door on deck and meet their responsible adult up in the spectator bleacher.
- 14) Swimmers should shower and dress within 15 minutes after the conclusion of their practice.
- 15) Swimmers, **accompanied by an adult**, shall then proceed directly to the exit.
- 16) Every practice, CAMEL will assign a parent to monitor the enforcement of these policies from 5 minutes before the first practice starts each day until 15 minutes after the last practice ends.