

# CAMEL PRACTICE GROUP ASSIGNMENTS AND SCHEDULE EFFECTIVE OCTOBER 30, 2006

When CAMEL established our practice schedule in the fall, we were working with estimated enrollment, unknown staff schedules and estimated pool availability. Based on the actual factors in play, the following schedule and group assignments have been established to begin October 30<sup>th</sup> and continue through the end of this season.

The group assignment adjustments divide the swimmers into more evenly sized groups, similar in age and ability. The practice time and practice day adjustments enable a smoother flow from group to group with reasonable increases in both duration and frequency of practices while simultaneously accommodating pool and staff availability. If you have any questions, please contact Coach Ann via phone 860-649-5734, cell 860-306-7910, or email at hughes4@cox.net.

## Dromedaries

Equivalent to 05/06 JR & AG3

Generally 8/U  
Coach Molly Goettsche  
4 days per week, 1 hr  
No dryland  
No "Doubles" offered

Mon 6:30 – 7:30 PM  
*Tue no practice*  
Wed 6:30 – 7:30 PM  
Thu 6:30 – 7:30 PM  
*Fri no practice \*\*\**  
Sat 8:00 – 9:00 AM  
*Sun no practice*

## Bactrians

Equivalent to 05/06 AG2 & AG1

Generally 9/10  
Coach Margee Charron  
5 days per week, 1 hr 20 min  
No dryland  
No "Doubles" offered

Mon 6:30 – 7:50 PM  
*Tue no practice \*\*\**  
Wed 6:30 – 7:50 PM  
Thu 6:30 – 7:50 PM  
Fri 7:00 – 7:50 PM  
Sat 8:00 – 9:20 AM  
*Sun no practice*

## Alpacas

Equivalent to 05/06 SR3 & SR2

Generally 11/12  
Coach Bill Blake  
6 days per week, 1 hr 40 min+  
15 min dryland weekdays  
*Doubles for transitioning \*\*\**

Mon 6:15 – 6:30 & 6:30 – 8:10 PM  
Tue 6:15 – 6:30 & 6:30 – 8:10 PM  
Wed 6:15 – 6:30 & 6:30 – 8:10 PM  
Thu 6:15 – 6:30 & 6:30 – 8:10 PM  
Fri 6:45 – 7:00 & 7:00 – 8:10 PM  
Sat 8:00 – 9:40 AM  
*Sun no practice \*\*\**

## Llamas

Equivalent to 05/06 SR1 & HS

Generally 13/14  
Coach Ann Hughes  
7 days per week, 2 hrs+  
30 min dryland weekdays  
Doubles on school vacations

Mon 6:00 – 6:30 & 6:30 – 8:30 PM  
Tue 6:00 – 6:30 & 6:30 – 8:30 PM  
Wed 6:00 – 6:30 & 6:30 – 8:30 PM  
Thu 6:00 – 6:30 & 6:30 – 8:30 PM  
Fri 6:30 – 7:00 & 7:00 – 8:30 PM  
Sat 8:00 – 10:00 AM  
Sun 3:00 – 5:00 PM

## Guanacos

Equivalent to 05/06 College

Generally 15/18  
Coach Ann Hughes  
7 days per week 2 hrs+  
30 min dryland weekdays  
Doubles on school vacations

Practices with Llamas  
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## Vicunas

College & Masters

Generally 19/O  
Coach Mike Dignan  
7 days per week, 2 hrs  
No dryland  
Doubles on vacations

Practices with Llamas  
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**Please note, due to unanticipated large college team enrollment, the pool is not available until 7:00PM on Fridays beginning November 1; therefore, practices will begin 30 minutes later on Fridays.**

**\*\*\* Swimmers transitioning to the next higher practice group, with prior approval of the Head Coach, may attend practice with the next higher practice group on the asterisked days.**

Matt Bean 7  
David Burstein 9 *transitioning*  
Sarah Burstein 7  
Jacob Erickson 10 *transitioning*  
Lucas Erickson 8  
Ana Kirkpatrick 5  
Kara Kirkpatrick 7/8  
Sam Kokomoor 8  
Karly McNeish 8

Sabrina Brown 10  
Emma Buckridge 9  
Lillian James 9  
Jackie Kokomoor 10/11 *transitioning*  
Grace Moriarty 9/10 *transitioning*  
Cat Ward 10  
Lindsay Warner 10

Weston Blake 11  
Jessica Charron 11  
Jesse Gardner 11  
Sarah Giblin 11  
Leah Gionet 11 *transitioning*  
Hanna Pelletier 10  
Carolyn Romano 12/13 *transitioning*  
Asia White 9

Rhianna Blake 13  
Meghan Brown 13  
Brian Hughes 13  
Caitlin Koshoff 13  
Rachel Kriet 13/14  
Eva Nelson 13/14  
Taylor Strelevitz 13

Seth Adams 16/17  
Jay Lockaby 16  
Tom Malone 15/16  
Phil McLaughlin 17  
Steph Novotny 16/17  
Max Sullivan 15  
Adelaide Taylor 14  
Tyler Tremblay 16  
Dana Tricarico 14/15

Mike Dignan  
Diane Hohorst  
Tanya Kirkpatrick  
Deb Miller  
Don Nelson  
Maureen Ward

## Staff Schedule Oct 30, 2006 – March 25, 2006

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Dromedaries No Dryland Pool 6:30 – 7:30 PM Coach Molly		Dromedaries No Dryland Pool 6:30 – 7:30 PM Coach Molly	Dromedaries No Dryland Pool 6:30 – 7:30 PM Coach Molly	<i>Transitioning Dromedaries with consent of Head Coach may practice with Bactrians</i>	Dromedaries No Dryland Pool 8:00 – 9:00 AM Coach Margee	<i>On some Sundays, instead of regular practice, we offer activities for all the swimmers</i>
Bactrians No Dryland Pool 6:30 – 7:50 PM Coach Molly	<i>Transitioning Bactrians with consent of Head Coach may practice with Alpacas</i>	Bactrians No Dryland Pool 6:30 – 7:50 PM Coach Molly	Bactrians No Dryland Pool 6:30 – 7:50 PM Coach Molly	Bactrians No Dryland Pool 7:00 – 7:50 PM Coach Margee	Bactrians No Dryland Pool 8:00 – 9:20 AM Coach Margee	<i>On some Sundays, instead of regular practice, we offer activities for all the swimmers</i>
Alpacas Dryland 6:45 – 7:00 PM Pool 6:30 – 8:10 PM Coach Molly &/or Ann	Alpacas Dryland 6:45 – 7:00 PM Pool 6:30 – 8:10 PM Coach Bill	Alpacas Dryland 6:45 – 7:00 PM Pool 6:30 – 8:10 PM Coach Molly &/or Ann	Alpacas Dryland 6:45 – 7:00 PM Pool 6:30 – 8:10 PM Coach Molly &/or Ann	Alpacas Dryland 6:45 – 7:00 PM Pool 7:00 – 8:10 PM Coach Margee	Alpacas No Dryland Pool 8:00 – 9:40 AM Coach Margee	<i>Transitioning Alpacas with consent of Head Coach may practice with Llamas</i>
Llamas Dryland 6:00 – 6:30 PM Pool 6:30 – 8:30 PM Coach Ann	Llamas Dryland 6:00 – 6:30 PM Pool 6:30 – 8:30 PM Coach Ann	Llamas Dryland 6:00 – 6:30 PM Pool 6:30 – 8:30 PM Coach Ann	Llamas Dryland 6:00 – 6:30 PM Pool 6:30 – 8:30 PM Coach Ann	Llamas Dryland 6:30 – 7:00 PM Pool 7:00 – 8:30 PM Coach Bill	Llamas No Dryland Pool 8:00 – 10:00 AM Coach Bill	Llamas No Dryland Pool 3:00 – 5:00 PM Coach Ann
Guanacos Dryland 6:00 – 6:30 PM Pool 6:30 – 8:30 PM Coach Ann	Guanacos Dryland 6:00 – 6:30 PM Pool 6:30 – 8:30 PM Coach Ann	Guanacos Dryland 6:00 – 6:30 PM Pool 6:30 – 8:30 PM Coach Ann	Guanacos Dryland 6:00 – 6:30 PM Pool 6:30 – 8:30 PM Coach Ann	Guanacos Dryland 6:30 – 7:00 PM Pool 7:00 – 8:30 PM Coach Bill	Guanacos No Dryland Pool 8:00 – 10:00 AM Coach Bill	Guanacos No Dryland Pool 3:00 – 5:00 PM Coach Ann
Vicunas No Dryland Pool 6:30 – 8:30 PM Coach Ann &/or Mike	Vicunas No Dryland Pool 6:30 – 8:30 PM Coach Ann &/or Mike	Vicunas No Dryland Pool 6:30 – 8:30 PM Coach Ann &/or Mike	Vicunas No Dryland Pool 6:30 – 8:30 PM Coach Ann &/or Mike	Vicunas No Dryland Pool 7:00 – 8:30 PM Coach Bill &/or Mike	Vicunas No Dryland Pool 8:00 – 10:00 AM Coach Bill &/or Mike	Vicunas No Dryland Pool 3:00 – 5:00 PM Coach Ann &/or Mike